

LUNCH & DINNER MENU

Please turn over for our BREAKFAST & BRUNCH MENU.
We are constantly searching for quality local suppliers. Our fresh regional fish is supplied via Moby Nick's at Plymouth fish market, which is day boat caught.

ALL OF THE LITE BITES AND STARTERS ARE SERVED WITH CRUSTY BREAD • ALL MAINS ARE SERVED WITH YOUR CHOICE FROM CHIPS, SAUTE OR NEW POTATOES. VEGETABLES, PEAS, SALAD OR CRUSTY BREAD

	STARTER OR LITE BITE	MAIN COURSE
SEAFOOD ORGY	£6.95	£11.95
Goan prawns in filo pastry, whole tail breaded scampi & calamari		
MOULES MARINERE	£7.50	£10.95
Served in a cream & white wine sauce		
AVOCADO PRAWN SALAD	£6.95	£10.95
Served with a Marie Rose Sauce		
AVOCADO & BREADED WHOLETAIL SCAMPI SALAD	£6.95	£10.95
Served with a Marie Rose Sauce		
HOT FILLET OF MACKEREL SALAD	£5.95	£9.95
Devon oak smoked		
SEAFOOD CREPES	£6.50	£10.95
Pancakes filled with smoked salmon, prawns and fillet of Mackerel		
Then grilled with a rich cheese sauce		
CHICKEN, HAM & MUSHROOM CREPES		
Chicken, Ham & Mushrooms blended in a Bechamel sauce	£6.50	£9.95
Then wrapped in Crepes		
TREDIGA OAK SMOKED SALMON SALAD	£6.95	£10.95
Beautifully pink and full of flavour		
GOAN TIGER PRAWNS	£6.50	£10.95
King Prawns wrapped in Filo pastry		
MUSHROOM ROYALE 	£5.50	£9.50
Panfried mushrooms with onions, Garlic, Shallots, Peppers & herbs		
SWEET & SOUR VEGETABLE STIR FRY 	£5.95	£9.50
AVOCADO, STILTON & PAN FRIED MUSHROOM SALAD 	£6.50	£9.95
VEGETARIAN CREPES 	£5.95	£9.95
Mushroom, tomatoes, peppers, onions and garlic in a creamy sauce		
MELTED STILTON & CRISPY BACON SALAD	£6.95	£10.95
A BOWL OF THE 'SOUP OF THE DAY' served with crusty bread	£4.50	

Bistro 67

67 Fore Street
Totnes
Devon

PLEASE SEE THE BIG SPECIALS BOARD FOR
ROAST OF THE DAY • FRESH FISH OF THE DAY
VERY BEST LOCAL STEAKS • SELECTION OF SWEETS

SIDE ORDERS

TRADITIONAL CHIPS	£1.95
NEW POTATOES	£1.70
CHEESY CHIPS	£2.75
SAUTEED POTATOES	£1.95
SIDE SALAD	£1.95
FRESH SEASONAL VEG	£1.95
GARLIC BREAD	£2.50
GARLIC BREAD & CHEESE	£2.95
CHILLI & CHEESY CHIPS	£2.95
CRUSTY BREAD WITH A BALSAMIC & OLIVE OIL DIP	£1.25
AVOCADO & TOMATO SALAD	£3.95
GARLIC BREAD WITH CHILLI & CHEESE	£3.25
BREAD & BUTTER	£1.25

WHAT IS WHITEBAIT AND SHOULD I BE EATING IT?

Whitebait are the fry [young] of herring and sprat. As with any fisheries future, sustainability is key and relies on young fish being allowed to mature and reproduce to maintain the population. Taking juveniles before they have a chance to spawn, we feel undermines this sustainability

For this reason we have decided to change to calamari on the seafood orgy.

Bistro 67

BRUNCH.....LUNCH.....DINNER.....YOUR CHOICE

ALL PARTIES AND SPECIAL OCCASIONS CATERED FOR, PLEASE ASK FOR DETAILS FOR OUTSIDE CATERING • TEL: 01803 862604

ALL DAY - BREAKFAST & BRUNCH MENU

- Please turn over for our LUNCH & DINNER MENU
Bistro 67 is committed to providing Good Home cooked food, locally sourced and skillfully prepared. We believe in only buying meat that is farm assured from suppliers with a good food provenance, we are constantly searching for quality local suppliers.




A FULL DEVON BREAKFAST	£6.50
South Hams Sausage, farm assured bacon, mushrooms, free range Egg, tomatoes, sautéed potatoes & toast	
FULL VEGETARIAN BREAKFAST 	£6.50
Best vegetarian sausage, halloumi cheese, mushrooms, free range Egg, tomatoes, sautéed potatoes, beans & toast	
Breakfast additional items at £1.00 per item Toast, free range eggs (poached, scrambled or fried) bacon, sausage, mushrooms, tomatoes, beans, halloumi cheese, Vegetarian sausage, black pudding or saute potatoes	
OMELETTE OF YOUR CHOICE	£6.50
Choose from: mushrooms,cheese, ham,bacon,tomato, sausage, vegetarian sausage, brie, red onions, garlic or chilli- served with saute potatoes or salad	
EGGS ON TOAST (poached or scrambled) 	£3.95
BAKED BEANS ON TOAST (with chilli if required) 	£3.00
MUSHROOMS ON TOAST (with garlic if required) 	£3.95
BACON OR SAUSAGE ROLL	£3.95
TOASTED TEA CAKES	£1.50
TOAST & MARMALADE OR JAM	£1.50
PANCAKES WITH MAPLE SYRUP & CRISPY BACON	£4.90
SAUSAGES EGG & CHIPS	£6.95
Three sizzling sausages served with free range egg & chips	
HAM EGG & CHIPS	£7.50
West country ham served with free range egg & chips	
BREADED WHOLETAIL SCAMPI - chips & peas	£7.95
SMOKED SALMON & SCRAMBLED EGG	£8.95
Served on toast with saute potatoes	

 - Vegetarian

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BAGUETTES & SANDWICHES

FRESH, CRISP, HOT BAGUETTES - CHOOSE FROM - 3 items £5.50
Bacon, tuna, sausage, chicken, ham,
Cheese, tomato, onion, pineapple, avocado, mushroom, stilton 
...or make yours a combo - All additional items 25p extra

FRESH, CRISP BAGUETTES SERVED COLD: £5.25
Your choice of; cheddar cheese • tomato • ham • tuna & mayo
Onion • brie • salad

CUT SANDWICHES OR TOASTIES - 3 items £4.50
Any combination served in a sandwich or toastie, brown or
White bread from; ham • cheddar cheese • bacon • brie • mushroom
Tomato • onion • avocado • salad • tuna & mayo
All additional items 25p extra

LUXURY HOT BAGUETTES, TOASTIES £6.25 • SANDWICHES £5.25
Smoked salmon & Philadelphia • avocado & prawns,
Smoked salmon, prawns & mayonnaise or sizzling garlic prawn

CHILDRENS MENU

GRILLED OR BATTERED HADDOCK	£4.95
FISH FINGER FILLETS	£3.95
CHILDS ROAST OF THE DAY	£4.50
SAUSAGE OR VEGETARIAN SAUSAGE & EGG	£3.95
HAM & EGG	£4.50
CHICKEN DIPPERS & CHIPS	£4.50
BREADED SCAMPI	£4.50
BREAKFAST (sausage, bacon, egg beans & toast)	£3.95
PASTA WITH CHEESE SAUCE & BACON OR BROCCOLI	£4.50
PASTA WITH TOMATO SAUCE OR PLAIN WITH GRATED CHEESE	£3.75

ALL CHILDRENS MENU SERVED WITH ONE CHOICE FROM; CHIPS, SAUTE OR
NEW POTATOES. VEGETABLES, PEAS, SALAD OR BAKED BEANS